

	Once-off	4 sessions/month	8 sessions/month	12 sessions/month
One-On-One	R395 /session	R1 460 <i>R365/session</i>	R2 200 <i>R275/session</i>	R3 180 <i>R265/session</i>
Duo	R280 pp /session	R840 pp <i>R210/session</i>	R1 600 pp <i>R200/session</i>	R2 280 pp <i>R190/session</i>
Reformer & mixed apparatus	R270 /class	R720 <i>R180/class</i>	R1 395 <i>R175/class</i>	R1 980 <i>R165/session</i>

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